Hope Schuermann, PhD

(formerly Hope Bell)

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Professional Summary

- PhD in Counselor Education and Supervision, University of Central Florida
- MS in Community Counseling, Loyola University New Orleans
- 7 years of experience as a Counselor Educator
- 12 years of experience as a counselor, 8 years as a Licensed Professional Counselor
- 17 peer-reviewed publications (published or in-press)
- 40+ international, national, regional, and state presentations
- Research Agenda focused on: 1) Trauma, and 2) Counselor Education
- Service as President of a State-ACES association; Editorial Board Member of 3 journals

Education

2010-2013 Doctor of Philosophy, Counselor Education

University of Central Florida

Dissertation Publication:

Bell, H., Hagedorn, W. B., & Robinson, E. H. M. (2016). An Exploration of Supervisory and Therapeutic Relationships and Client Outcomes. *Counselor Education and Supervision*, *55*, 182-197.

2004- 2006 Master of Science in Community Counseling

Loyola University, New Orleans LA

1999-2003 Bachelor of Science in Psychology

Mississippi State University

Professional Licensure

2014-2018 Licensed Professional Counselor, Texas # 73186

2009- June 2015 Licensed Professional Counselor, Louisiana # 3872

Professional Employment History

August 2017- Present Clinical Assistant Professor

Counselor Education Program Coordinator (Beginning in 2020)

Mental Health Track Coordinator

University of Florida

School of Human Development & Organizational Studies

Counselor Education Program

2013- May 2017	Assistant Professor University of Texas at San Antonio Department of Counseling
2015-2017	Contract Mental Health Counselor Alamo Heights Counseling
2012-2013	Instructor University of Central Florida MHS 2330: Career Planning
2010-2013	Graduate Teaching & Program Assistant College of Education PhD Program University of Central Florida
2007-2010	Clinical Services Counselor & Coordinator Child Advocacy Services, Luling, LA & Gonzales, LA Responsibilities included:
2006-2007	School Site Coordinator/Counselor Seton Resource center for Child Development Responsibilities included:

Research and Scholarly Activities Summary

Publications

In-Press & Published

Corley, S., Lloyd-Hazlett, J., **Schuermann, H.,** & Blessing, N. (2020). A Phenomenological investigation of doctoral students' gatekeeping experiences. *Teaching and Supervision in Counseling, 2*(1), 95-105. DOI: https://doi.org/10.7290/tsc020109

• Hurricane recovery groups

Hartman, T., **Schuermann, H.,** & Kenney, J. (2018). Ranking soldiers' trust in mental health professionals. *The Professional Counselor, 8*(3), 213-225.

Schuermann, H., Bursek, C., Wong, C., & Somody, C. (2018). Client outcomes in a

- University clinic: Norming the ORS and SRS for a largely Hispanic population. *Counseling Outcome Research and Evaluation, 9*(2), 67-79.
- **Schuermann, H.,** Avent, J. A., & Lloyd-Hazlett, J. (2018). The impact of academic role on perceptions of gatekeeping in counselor education. *Counselor Education and Supervision*, *57*, 51-65.
- Limberg, D., **Schuermann, H.,** Fox, J., & Robinson III, E. (2018). Practicing counselors' in Scotland, perceptions of altruism: A phenomenological investigation. *Counseling and Psychotherapy Research*, *18*, 49-58.
- Haiyasoso, M., & **Schuermann, H**. (2017). Application of Relational-Cultural Theory with adolescent sexual abuse survivors. *Journal of Child and Adolescent Counseling*. DOI: 10.1080/23727810.2017.1381933
- **Bell, H.** (2017). Creative approaches in teaching empathy in counselor education. *Journal of Creativity in Mental Health.* DOI: 10.1080/15401383.2017.1328295
- McRae, L., Hundley, G., **Bell, H.,** Fox, J. (2017). Stories of survivors with dissociative identity disorder: A qualitative investigation of symptoms, traumatic experiences, and relationships. *American Counseling Association VISTAS 2017.*
- **Bell, H.**, Hagedorn, W. B., & Robinson, E. H. M. (2016). An Exploration of Supervisory and Therapeutic Relationships and Client Outcomes. *Counselor Education and Supervision*, *55*, 182-197.
- Gonzalez, C. & **Bell, H**. (2016). Child centered play therapy for Hispanic children with Traumatic Grief: Cultural implications for treatment outcomes. *International Journal of Play Therapy, 25*(3), 146-153.
- Jacobson, L., Fox, J., **Bell, H.,** Zeligman, M., & Graham, J. (2015). Survivors with Dissociative Identity Disorder: Perspectives on the counseling process. *Journal of Mental Health Counseling*, *37*(4), 308-322.
- **Bell, H.,** Jacobson, L., Zeligman, M., Fox, J., & Hundley, G. (2015). Religious coping and resiliency in individuals with Dissociative Identity Disorder. *Counseling and Values, 60,* 151-163.
- **Bell, H.**, Limberg, D., Jacobson, L., & Super, J. (2014). Enhancing Self-Awareness Through Creative Experiential Learning Play-Based Activities. *Journal of Creativity in Mental Health, 9*(3), 399-414.
- Fox, J., **Bell, H.,** Jacobson, L., & Hundley, G. (2013). Recovering identity: A qualitative investigation of a survivor of dissociative identity disorder. *Journal of Mental Health Counseling*, *35*(4), 324-341.
- **Bell, C. H.,** & Robinson, Edward H. (2013). Shared trauma in counseling: Information and implications for counselors. *Journal of Mental Health Counseling, 35*(4), 310-323.
- Bell, H., Limberg, D., & Robinson, E. H. (2013). Recognizing Trauma in the

Classroom: A Practical Guide for Educators, Childhood Education, 89(3), 139-145.

- Limberg, D., **Bell, H.**, Super, J., Jacobson, L., Fox, J., De Pue, K., Christmas, C., Young, M. E., & Lambie, G. W. (2013). Professional Identity Development of Counselor Education Doctoral Students: A Qualitative Investigation, *The Professional Counselor: Research and Practice Journal, 3*(1), 40-53.
- Limberg, D., **Bell, H.**, & Lambie, G. (2012). Developmental, Solution-Focused Supervision for Counselors-in-Training. *Wisconsin Counseling Journal*.

Under Review

Green-Rooks, J., Schuermann, H., & Jordan, T. (Revise-Resubmit). Impacts of Discriminatory Legislation on LGBTQ Clients: Information, Counseling Implications, & Advocacy. *Journal of LGBT Issues in Counseling.*

In-Progress

- Haas, J., Toscano, M., **Schuermann, H.,** Fox, J., & Taylor, C. (Editing). Incorporating the Multicultural Social Justice Counseling Competencies into a Phenomenological Research Method: Multicultural Research in Ferguson, Missouri.
- Schuermann, H., Pow, A., Allen, S., & Cannon, Y. (In-Progress). Predictors of post-traumatic growth in military personnel.

Current Research Projects

Identifying, Reporting, and Treating Child Sexual Abuse Training for Counselors in Training

The Role of Resilience Leadership in Developing Racial Equity in Ferguson

Mindfulness Interventions to Mediate Empathy and Anxiety in Counselors-in-Training

Counselors' Experiences of Treating Victims of Mass Gun Violence

Book Chapters

Pow, A. & **Schuermann, H.** (2020). Chapter 6: Fundamental Theories and Skills for Trauma Counseling. In *Crisis and Trauma Counseling: Strategies for Effective Practice*. Ed. Thelma Duffey & Shane Haberstroh, ACA Publications.

Presentations

Invited Presentations

Schuermann, H. (2019). Utilizing a Patient-Centered, Trauma-Informed Approach to Prioritize the Patient. Presented at the Annual UF MS-DI Conference in Gainesville, FL.

Schuermann, H. & Super, J. (2019). Experiences of Working in Communities after Disaster.

National Presentations

- Schuermann, H., Lloyd-Hazlett, J., &Haas, J. (2019). Creative Interventions for Teaching Empathy in the Counseling Classroom. Presented at the Association for Counselor Education and Supervision Conference, Seattle, WA.
- Clapham, M., & **Schuermann**, **H.** (2019). What you do says a lot about you: Using hobbies as a screening tool for counseling program applicants. Presented at the Association for Counselor Education and Supervision Conference, Seattle, WA.
- Schuermann, H., Haas, J., Toscano, M., & Flasch, P. (2019). Historical & Community Trauma in Ferguson, MO: Applying Research to Trauma Treatment. Presented at the American Counseling Association Conference, New Orleans, LA.
- Super, J., **Schuermann**, H., & Edmondson, J. (2019). The Shared Trauma of School Shootings and Their Impact on Counseling and Education. Presented at the American Counseling Association Conference, New Orleans, LA.
- Schuermann, H., Wong, C., & Bursok, C. (2017). Implementing Client Outcomes Assessment Programs in Counselor Training Clinics. Presented at the Association for Counselor Education and Supervision Conference, Chicago, IL.
- Corley, S., Lloyd-Hazlett, J., & **Schuermann, H.** (2017). A Phenomenological investigation of doctoral students' gatekeeping experiences. Presented at the Association for Counselor Education and Supervision Conference, Chicago, IL.
- **Bell, H.** (2015). Creative Reflective Practice: Enhancing Client and Student Self Awareness through Experiential, Play-Based Activities. Presented at the Association for Creativity in Counseling Conference in San Antonio, TX.
- Pow, A., Pope, A., & **Bell, H.** (2015). Wounded Healers: Supporting Counselors-In-Training who have Experienced Trauma. Presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.
- Avent, J., Wong, C., & **Bell, H.** (2015). We've Come this Far by Faith: Today's Young Adult, the Black Church, and Perceptions of Counseling. Presented at the American Counseling Association Conference, Orlando, FL.
- **Bell, H.** (2014). Exploring the Interconnectedness of the Supervisory Relationship, Therapeutic
 - Relationship, and Client Outcomes. Presented at the Interdisciplinary Conference on Supervision.
- Jacobson, L. Graham, J., **Bell, H.**, & Fox, J. (2013). Teaching evidenced-based techniques to counselors-in-training working with survivors of dissociative identity disorder (DID). Presented at the Association for Counselor Education and Supervision Biannual Conference, Denver, CO.
- Bell, H., Jacobson, L., Fox, J., Hundley, G., Graham, J., & Zeligman, M. (2013). The Role of

- Spirituality in Individuals With Dissociative Identity Disorder. Presented at the American Counseling Association Annual Conference, Cincinnati, Ohio.
- Fox, J., **Bell, H.**, Jacobson, L., Hundley, G., Zeligman, M., & Graham, J. (2013). Recovering identity: A qualitative investigation of a survivor of dissociative identity disorder. Presented at the American Counseling Association Annual Conference, Cincinnati, Ohio.
- **Bell, H.,** Jacobson, L., & Hundley, G. (2012). Assessing Dissociative Identity Disorder: Strengths
 - and Challenges. Presented at the Association for Assessment in Counselor Education Conference; Orlando, FL.
- Jacobson, L., & **Bell, H.** (2012). Assessing Student Learning Outcomes for CACREP Marriage, Couple, & Family Counseling. Presented at the Association for Assessment in Counselor Education Conference; Orlando, FL.
- Fox, J., **Bell, H.,** Jacobson, L., & Hundley, G. (2012). Recovering Identity: A Qualitative Investigation of a Survivor of Dissociative Identity Disorder. Presented at the Association for Assessment in Counselor Education Conference; Orlando, FL.
- Gutierrez, D., Fox, J., & **Bell, H.** (2012). On the road to self and other forgiveness: Navigating clients' extreme levels of shame and guilt. Presented at the American Counseling Association Conference; San Francisco, CA.
- Jacobson, L., DePue, K., Fox, J., Christmas, C., Super, J., **Bell, H.**, & Limberg, D., (2011)
 Professional Identity Development in Counselor Education Doctoral Students: An
 Exploration Through Consensual Qualitative Research. Presented at the Association for Counselor Education & Supervision Conference; Nashville, TN.
- Dugan, E., Brumfield, K., **Bell, H.**, & Crowe, S. (2008). Cultural Implications For Assessing Child-Parent Attachment Styles: The Use of Filial Therapy as a Therapeutic Intervention. Presented at American Counseling Association Conference; Honolulu, HI.

Regional and State Presentations

- Hass, J., **Schuermann, H.,** & Toscano, M. (2018). Exploring Millennial Activism and Racial Equity Interventions in Ferguson, Missouri. Presented at the Southern Association of Counselor Education and Supervision Conference.
- **Bell, H.** (2017). Post Traumatic Growth: A Strengths Based Approach. Presented at the University of Central Florida Counseling Conference, Orlando, FL.
- **Bell, H.**, Avent, J., & Lloyd-Hazlett, J. (2016). Academic Role and Perspectives on Gatekeeping:
 - Results and Implications of a CQR Study. Presented at the Southern Association of Counselor Education and Supervision Conference.
- Bell, H., Borsuk, C., & Wong, C. (2016). Is Your Student Counseling Clinic Effective? A

- Roundtable on Implementing Client Outcome Measures. Presented at the Southern Association of Counselor Education and Supervision Conference.
- Greene, J., Flasch, P., & **Bell, H**. (2016). When Laws Affect Our Clients: Possible Effects of Anti LGBTQ+ Laws. Presented at the Texas Counseling Association's Professional Growth Conference.
- **Bell, H.,** & Prado, A. (2014). Walking the walk: Navigating guilt and shame in counselors and counselor educators. Presented at the Southern Association of Counselor Education and Supervision.
- **Bell, H.** (2014). Exploring the Interconnectedness of the Supervisory Relationship, Therapeutic
 - Relationship, and Client Outcomes. Presented at the Texas Association for Counselor Education and Supervision Conference.
- **Bell, H.**, Zeligman, M., & Lambie, G. (2012). Developing Future Counselor Educators. Presented at the Southern Association of Counselor Education and Supervision.
- **Bell, H.**, Jacobson, L., & Fox, J. (2012). The Voices of Dissociative Identity Disorder: Survivors Speak Out. Presented at the University of Central Florida Counseling Conference.
- **Bell, H.**, Super, J., Limberg, D., Munyon, M., Lamb, C., Sherrell, R., & Zeligman, M. (2012). Is the PhD Right for Me? A CEDSO Panel Discussion. Presented at the University of Central Florida Counseling Conference.
- **Bell, H.** & Fox, J. (2011) So You Want to Work in Trauma? Learning about & Working with Extreme Cases. Presented at the University of Central Florida Counseling Conference.
- Carlson, R., **Bell, H.**, & Jones, K. D. (2010) Continuum of Conflict and Control: A Conceptualization of Intimate Partner Violence. Presented at the Southern Association for Counselor Education & Supervision Conference; Williamsburg, VA.
- **Bell, H.** & Guidos, N. (2010). Counseling Victims of Abuse: Play Therapy Techniques for All Ages. Presented at Louisiana Play Therapy Conference.
- **Bell, H.**, & Breeden, S. (2009). Working Towards A Common Goal: Embracing the CASA & CAC Collaborative. Presented at 'Together We Can' Conference.
- La Fleur, L., & **Bell, H.** (2009). Sinking in Talk-Therapy Quicksand: Using Sandtray With Families. Presented at Louisiana Play Therapy Conference.
- **Bell, H.,** Brumfield, K. & Worley, K. (2008). The Perplexing Problems of Pre-Teens: Counseling the Client Between Childhood and Adolescence. Presented at Louisiana Counseling Association Conference.
- **Bell, H.** (2008). Play Therapy with Tweens: Bridging the 'Middle' Ground. Presented at Louisiana Play Therapy Association Conference.
- Bell, H. & Brumfield, K. (2008). Playing Past the Pain: Using Play Interventions with Children

Who Have Been Abused. Presented at Prevent Child Abuse Louisiana's 'Kid's Are Worth It' Conference.

International Presentations

- Schuermann, H., Haas, J., & Toscano, M. (2019). Post Police Shooting Trauma: Breaking Down Intersecting Traumas Following the Shooting of Michael Brown in Ferguson, MO. Presented at the British Association for Counseling and Psychotherapy Conference, Belfast, Northern Ireland.
- **Bell, H.** (2013). An exploration of the relationships between supervisees' perceptions of facilitative conditions in supervision, clients' perceptions of facilitative conditions in counseling, and client outcomes. Presented at the British Association for Counseling and Psychotherapy Conference; Birmingham, England.
- Fox, J. & Bell, H. (2013). Recovering identity: A qualitative investigation of a survivor of dissociative identity disorder. Presented at the British Association for Counseling and Psychotherapy Conference; Birmingham, England.
- Limberg, D., Bell, H., Robinson, E.H, Robinson, S., & Fox, J. (2013). A phenomenological investigation of practicing counselors living in Scotland, experiences of altruistic caring. Presented at the British Association for Counseling and Psychotherapy Conference; Birmingham, England.
- **Bell, H.,** Robinson, E. H., Hayes, G., Robinson, S., Limberg, D., & Fox, J. (2012). Shared trauma in professional counselors: a validity check. Presented at the British Association for Counseling and Psychotherapy Conference; Edinburgh, Scotland.
- Bell, H., Limberg, D., Young, M., Robinson, E. H., Robinson, S., Hayes, G., Fox, J. (2012). Professional identity development of counselor education doctoral students. Presented at the British Association for Counseling and Psychotherapy Conference; Edinburgh, Scotland.
- Limberg, D., **Bell, H.**, Robinson, E. H., Robinson, S., Hayes, G., & Fox, J. (2012). A cross cultural examination of counseling student's perception of altruism. Presented at the British Association for Counseling and Psychotherapy Conference; Edinburgh, Scotland.
- Limberg, D., Robinson, E. H., Robinson, S., **Bell, H.,** Hayes, G., & Fox, J. (2012). A measure of altruism and motivational factors of counselors: impact on client outcomes. Presented at the British Association for Counseling and Psychotherapy Conference; Edinburgh, Scotland.
- **Bell, H.** (2011). Recognizing & Treating Shared Trauma in Professional Counselors. Presented
 - at the European Branch of the American Counseling Association Conference; Bad Herrenalb, Germany.
- **Bell, H.,** Limberg, D., Lamb, C., Hayes, G., Robinson, E. H., & Robinson, S. (2011). Fostering Client Growth through Cooperative Play. Presented at the European Branch of the American Counseling Association Conference; Bad Herrenalb, Germany.

Limberg, D., **Bell, H.,** Lamb, C., & Hayes, G. (2011) Fostering an Altruistic Climate in Schools. Presented at the European Branch of the American Counseling Association Conference; Bad Herrenalb, Germany.

Granting Activities

Growth Through Pain: Post-Traumatic Growth in Military Personnel, UTSA COEHD Faculty Research Award, Funded 2015-2016

Bridging War and Home Fronts, National Institute of Health, Unfunded 2015

Promoting Outcome-based Wellness, Empowerment, and Recovery (POWER), Hogg Foundation, 2015, Unfunded

The Impact of Child-Parent Relationship Therapy (CPRT) on the Family Relationships of Returning Military Personnel, Hogg Foundation, 2015, Unfunded

Teaching & Supervision Activities

<u>University of Florida</u>

Community Counseling Summer 2020, 2019, 2018

Crisis and Trauma Counseling Spring 2020, 2019, 2018

Group Counseling: Process and Theory Fall 2019, Spring 2018, Fall 2017

Developmental Counseling Spring 2018

Play Counseling and Play Process Spring 2020, Fall 2019, 2018, 2017

Advanced Play Counseling Spring 2019

Doctoral Supervision Practicum Spring 2020, 2019

Group Supervision Summer 2020, 2019, 2018, Spring 2020,

2018, Fall 2017

<u>University of Texas at San Antonio</u>

Trauma, Crisis, & Grief Counseling Fall 2016

Child and Adolescent Counseling Summer 2016, Summer 2015

Counseling Theories Spring 2015

Counseling Practicum (In-house Clinic) Spring 2017, Spring 2016, Fall 2014,

Sum. 2014

Doctoral Internship I Fall 2016, Fall 2015, Fall 2014, Fall 2013

Development of Counseling Skills Spring 2016, Fall 2015, Spring 2015, Summer

2014, Spring 2014

Group Counseling & Process Spring 2017, Summer 2016

Counseling Internship (Masters) Summer 2015, Spring 2014

<u>University of Central Florida</u>

Career Planning Spring 2013, Fall 2012

Undergraduate Course, Instructor

Internship in Counselor Education Fall 2012
Doctoral Level Class, Guest Lecturer

Issues & Research in Education Fall 2012, Fall 2011

Doctoral Level Class, Guest Lecturer

Foundations of Play Therapy, Co-Teacher Summer 2013, Summer 2012, Summer 2011

Techniques of Counseling, Instructor Spring 2012

Practicum Supervisor Spring 2012, Fall 2011

Group Counseling, Instructor Fall 2011

Practicum in Counseling, Assistant Instructor Fall 2011

Counseling Victims & Offenders Summer 2011

Guest Lecturer

Introduction to Counseling, Co-Teacher Spring 2011, Fall 2010

Teaching-Related Conferences and Trainings

Converting the F2F Classroom Into a ZOOM/Canvas Course

Teaching and Creating Learning Communities Using ZOOM

Academics for Black Survival 5-Day Multicultural and Social-Justice Training

2019 Association for Counselor Education & Supervision Conference, Seattle, WA

2018 Southern Association of Counselor Education & Supervision Conference, Myrtle Beach,

SC

2017 Association for Counselor Education & Supervision Conference, Chicago, IL

Professional Service Activities

<u>College</u>

UF COE Faculty Policy Council, HDOSE Representative, 2019-Present

UF COE Faculty Policy Council Agenda Committee, Member, 2019-2020

UF COE Scholarship Committee, 2017-2019

Future Educators' Workshops on Trauma in the Classroom, Workshop Facilitator, UF, 2018

Program/Department

Mental Health Program Coordinator, UF, 2018- Present

CACREP Committee Chair, UF, 2018- Present

Doctoral Committee, UTSA 2013-2017

CACREP Committee, UTSA, 2013-2017

Clinical Experience Committee, Chair, UTSA, 2016-2017

Clinical Experience Committee, UTSA, 2015-2017

Dissertation Committees: Served, 13; Chaired, 3

Fitness to Practice Committees (Served both as member and chair), 2013-2017

<u>Organizational</u>

Editorial Board Member, Journal of Child and Adolescent Counseling, 2019-Present

Editorial Board Member, Counseling and Values Journal, 2012-Present

Editorial Board Member, Journal of Creativity in Mental Health Counseling, 2013-Present

President, Texas Association for Counselor Education and Supervision, 2016-2017

President-Elect, Texas Association for Counselor Education and Supervision, 2015-2016

Treasurer, Texas Association for Counselor Education and Supervision, 2013-2015

Consultant/Trainer, Consultation Team for Sandy Hook Clinicians and Educators, 2015

Conference Presentation Reviewer, University of Central Florida Counseling Conference, 2012

Third Year Rep., Counselor Education Doctoral Student Organization (CEDSO) 2012-2013

President, Counselor Education Doctoral Student Organization (CEDSO) 2011-2012

Volunteer, American Counseling Association Conference 2011

Honors and Awards

Outstanding Outcome Research Article Award from the *Counseling Outcome Research and Evaluation* (CORE) journal for the article titled, "Evaluating Effectiveness in a Hispanic-Serving Counselor Training Clinic", 2019

SACES Dissertation Research Grant Award, 2012

Consultations and Workshops Provided

Introduction to Play Therapy, 4 Hour Zoom Workshop, August 2020 Training for Bay Area School District Mental Health Professionals

Treating Trauma Using Play, 4 Hour Zoom Workshop, August 2020 Training for Bay Area School District Mental Health Professionals

Trainings and Professional Affiliations

CACREP "How to write a self-study" Workshop

CACREP Team Member trained

American Educational Researchers Association (AERA) Future Leaders' Mentorship Workshop

Trained Forensic Interviewer, National Children's Advocacy Center & National Institute of Child Health Development

ASIST (Applied Suicide Intervention Skills Training) Certified

American Counseling Association, Member

Association for Counselor Education & Supervision, Member

Southern Association for Counselor Education & Supervision, Member